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**THE INFLUENCE OF MUSICAL AND LOGORHYTHMIC CLASSES
FOR CHILDREN WITH STUTTERING STUDYING
IN SPEECH THERAPY GROUPS**

Abstract: music has the amazing ability to influence our emotions, thoughts and behavior. This is especially noticeable in the case of children who stutter, who often have difficulty communicating and expressing their thoughts. However, music and speech therapy can be an effective tool for helping these children develop speech and overcome stuttering problems.

Keywords: musical lessons, logorhythmic lessons, stuttering.

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**ВЛИЯНИЕ МУЗЫКАЛЬНЫХ И ЛОГОРИТМИЧЕСКИХ ЗАНЯТИЙ
ДЛЯ ДЕТЕЙ С ЗАИКанием, ОБУЧАЮЩИХСЯ
В ЛОГОПЕДИЧЕСКИХ ГРУППАХ**

Аннотация: музыка обладает удивительной способностью влиять на наши эмоции, мысли и поведение. Это особенно заметно в случае с заикающимися детьми, которые часто испытывают трудности в общении и выражении своих мыслей. Однако музыкальная и логопедическая терапия может быть эффективным инструментом, помогающим этим детям развивать речь и преодолевать проблемы с заиканием.

Ключевые слова: уроки музыки, уроки логоритмики, заикание.

Research shows that music activates various areas of the brain responsible for speech. The rhythmic pattern of the songs and the melody of the music help children who stutter improve their articulation and voice control. In addition, music creates a comfortable atmosphere that promotes freer expression of oneself and overcoming fears of communication.

An important component of logorhythmic practice is the use of body movement in combination with music. This helps children who stutter develop a sense of rhythm and coordination of movements, which has a positive effect on their speech activity. Such activities also help improve self-control and self-expression, which are key skills for overcoming stuttering problems.

In this article we will take a closer look at the influence of musical and logorhythmic classes on the speech development of children with stuttering studying in speech therapy groups. We will examine the results of the research and also provide practical recommendations for using music and movement exercises with these children. By providing support and assistance through music, we can greatly enhance the effectiveness of speech therapy and help children achieve success in developing their voice and communication skills.

Stuttering in children: problem and search for solutions

Stuttering in children is a common problem that affects their communication and social adaptation. Speech therapy groups offer effective methods to help such children. One of the treatment options is music and logarithmic exercises.

Music has a strong influence on our emotions and physiological state, so using it in stuttering therapy can create a relaxed atmosphere that promotes freer speech. Musical compositions help children improve control of their breathing and rhythm, which is important in overcoming stuttering.

Logorhythmic activities also play a significant role in the development of speech skills in children who stutter. When performing various motor exercises to music, they not only train their motor skills, but also activate the speech apparatus. Regular logorhythmic exercises help improve the fluency and rhythm of speech, as well as relieve nervous tension.

Research shows the positive effects of music and logarithmic activities on children who stutter

The role of music in the development of speech of children with stuttering

Music is of great importance in the development of speech of children with stuttering who study in speech therapy groups. Many studies show the positive effects of music and logarithmic activities on improving communication skills in these children.

Firstly, music contributes to the development of the speech apparatus and its coordination. Using musical instruments such as drums or xylophone helps train the muscles of the lips, tongue and larynx. This is important for children who stutter, as problems with the physical aspect of speech may be one of the reasons for their impairment.

Secondly, music stimulates auditory perception and listening. The frequency and rhythm of melodies helps children with stuttering to distinguish sounds and words, which is the basis for the formation of clear and fluent speech. Singing songs or rhyming poems helps children grasp rhythm and intonation, which in turn contributes to the development of melodic speech.

In addition, music creates an emotional atmosphere that promotes relaxation and stress relief.

Logorhythmic exercises: an effective tool for working with stuttering

Logorhythmic classes are a special form of music and speech therapy that has a positive effect on children who stutter. The main principle of the logorhythmic approach is the use of rhythm and music to develop speech and coordinate movements.

During classes, children who stutter learn to perform specific motor patterns in accordance with the rhythm of the music. This helps them change their breathing, become aware of their body, and control the movements of their lips, tongue, and larynx when speaking words. In addition, logorhythmic exercises contribute to the development of auditory perception and musical ear in children.

The effectiveness of such activities is confirmed by the results of scientific research. One of them showed that participation in logrhythmic activities leads to improved speech articulation and increased self-esteem in children who stutter. Another study found that the log-rhythmic approach helped develop phonemic awareness and improve language skills.

Logorhythmic exercises also have a positive effect on the emotional state of children who stutter

Musical and speech therapy groups: experience and results

Musical and speech therapy groups are an effective method of working with children who stutter and attend speech therapy classes. This approach combines musical and logarithmic elements, which promotes speech development and corrects fluency disorders in children.

Within the framework of the music and speech therapy group, specially selected compositions are used that help the child restore normal breathing and the rhythm of pronunciation of words and phrases. The musical component of classes stimulates the child's motor activity, affects his emotional sphere and increases motivation to learn.

The experience of using music and speech therapy groups shows significant positive results. Children attending such classes show improvement in the articulation of sounds, cope with stuttering more easily and begin to communicate more freely with others.

In addition, musical elements help children who stutter develop an ear for music and a sense of rhythm. This affects their overall speech competence and ability to adapt to different language situations

The influence of musical and logorhythmic classes on self-esteem and social adaptation of children with stuttering

Musical and logorhythmic classes have a significant impact on the self-esteem and social adaptation of children with stuttering studying in speech therapy groups.

Research shows that music promotes emotional development in children. Participating in music activities allows children to express their emotions through music, which helps them feel confident and increase their self-esteem. They feel recognized and successful when they perform musical pieces or dance to rhythmic music.

In addition, logorhythmic exercises contribute to the development of motor coordination in children who stutter. Specially designed rhythmic exercises help them control their body and move in rhythm. This not only improves the child's physical fitness, but also helps him become more coordinated and self-confident.

An important component of musical and logorhythmic classes is socialization. In group classes, children have the opportunity to communicate and interact with each other, which contributes to the development of communication skills and social adaptation.

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